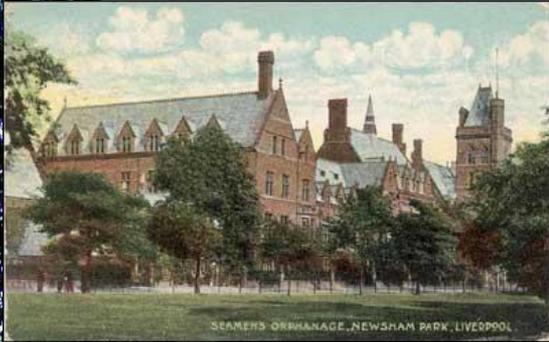


## The Seamen's Orphanage Newsham Park

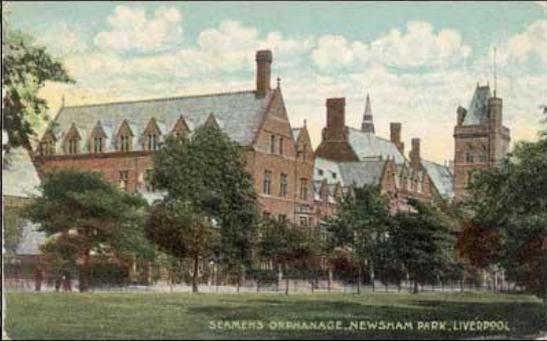


The accommodation could provide for a number of local groups of people.

The main area obviously lends itself to Cultural social events and sporting events.

Preserving the past protecting the future

The Old Swimming pool



Lets restore the old swimming baths, and improve the facilities

specialised swimming baths specifically for disabled children,, ramps, chairs, Jacuzzi's, floating devices.

with a hydrotherapy centre and massage therapy to promote health and well being.

Making the heart pump stronger

The background image shows a large, multi-story brick building with a prominent gabled roof. The building has several arched windows and a weathered appearance. In the foreground, there is a well-maintained green hedge and a grassy area. The sky is a pale blue with some light clouds. Bare trees are visible behind the building, suggesting a cooler season.

**The basic goal of massage therapy is to help the body heal itself and to increase health and well-being. Therapeutic massage can be used to promote general well-being and enhance self-esteem, while boosting the circulatory and immune systems to benefit blood pressure, circulation, muscle tone, digestion, and skin tone. It has been incorporated into many health systems, and different massage techniques have been developed and integrated into various complementary therapies. Hydrotherapy and hydrothermal therapy are chiefly used to tone up the body, to stimulate digestion, the circulation, and the immune system, and to bring relief from pain.**



**Parts of the building could be set aside for training facilities.**



**Whilst other parts of the Accommodation could be made  
available for  
Pre Schools  
Playgroups Nurseries Crèche**

**Recording Studios  
Smaller offices and Meeting rooms.  
Information technology training rooms for local adults and  
Students**

**Proficiency Courses in motorcycle riding.  
Library service and community history archive.  
And other Social enterprises.**